

Please reply to:  
Indoor Arena  
West Fenton  
NORTH BERWICK  
EH39 5AL  
Telephone No: (01620) 842502  
Email address: admin@muirfieldridingtherapy.org.uk  
www.muirfieldridingtherapy.org.uk  
Registered Charity Number: SC 028674



Thank you for your enquiry about Muirfield Riding Therapy. We operate a mile south of Gullane and have both an indoor and outdoor arena as well as many countryside trails.

At present our Equine Facilitated Therapy sessions are held within the following times:

Tuesday morning	School Groups
Tuesday afternoon	NHS Lothian Children's Therapeutic Riding Service
Wednesday morning	School Groups
Wednesday evening	Teens and Young Adults
Thursday morning	Adults
Friday afternoon	Children
Saturday morning	Children

Enclosed is a Participant Application Form. The second part of the form must be completed by your GP and stamped by the surgery if possible. Alternatively, a physiotherapist, occupational therapist, school nurse or speech and language therapist who is currently involved with the applicant may sign the form.

Please ensure that you complete all other sections. Commonly omitted sections are:

- height and weight. These details help us to assign a suitable pony for you should you be invited for a Pre-Riding Assessment. Please note that we can only accept riders whose weight is under 12 ½ stone. We have other services which may be applicable to participants who are over the weight limit and can discuss these with you after application*
- details of school or training centre. It may be that your school or training centre already has a slot with MRT which you could access.*

**If not fully filled in your form will be sent back which will delay the process of your application.** We look forward to receiving **both forms completed** and will acknowledge receipt and let you know how we will proceed.

If you would like to visit the group in the meantime to see a session, please give me a call.

Yours sincerely,

*Michelle Sutton*

Michelle Sutton  
Group Chairperson

The main focus of Muirfield Riding Therapy is to offer riding therapy depending on an individual's level of need and the charity has a waiting list of people who wish to benefit but limited places.

Due to the high demand, places are offered according to our assessment of your needs and how well we feel we can meet these needs. It is important that we are able to respond to this demand by offering riding at the most optimal time by considered management of the waiting list.